

COVID-19 INFORMATION

You must NOT attend your appointment if:

- You have had a fever and/or cough, or lost your sense of smell or taste in the last 7 days
- Anyone in your household has had a fever and/or cough, or lost their sense of smell or taste in the last 14 days

Ring 0114 226 8343 to rearrange your appointment

To reduce the number of people in the Hospital, please attend your appointment alone

Please read carefully:

Due to constraints on our service as a result of the coronavirus pandemic you MUST arrive on time to your appointment.

If you are early please wait outside the Hospital or in your car before attending at the appropriate time. If you are late we may not be able to accept your sample. Ring and let us know if you are going to be late and we will rearrange your appointment to another day. Please wear a mask when attending.

Can I have sexual intercourse or masturbate before my appointment?

Do not have any type of sexual activity for 2-7 days leading up to your appointment or you may have to return to the laboratory to repeat the test. If your abstinence period is less than 24 hours, your results may be affected and a repeat sample may be required.

Do I need to make any changes to my lifestyle before my appointment?

There is no need to make any changes to your lifestyle, eg drinking alcohol.

Is there anything I need to do on the day of my appointment?

- Before you produce your sample, please be aware of the time of your appointment and the time needed to get your sample to the laboratory (see below).
- Before you produce your sample, wash your penis with soap and water making sure that all the soap is thoroughly rinsed away.
- Your partner can help you to produce your sample only by masturbation, you should not have sexual intercourse or any other type of sexual activity. This is important because saliva and vaginal secretions can affect the sperm and your test results.
- When you have collected your sample, write your name, date of birth and the time your sample was produced on the label on the sample container. Bring it to the Andrology Laboratory as quickly as possible keeping it as close to body temperature as possible, for example, in a shirt pocket. This should take no longer than 40 minutes and you must deliver it on time.

What if I lose or damage my pot?

Don't use any other vessel to produce your sample into as we won't be able to test it. Please collect a new pot from the same place you collected your original one.

If you then aren't able to attend your appointment on time please let us know and we can reschedule it for you.

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Where should I go for my appointment?

You should go to the Andrology Laboratory, which is on Level 4 of the Jessop Wing. This building is on Tree Root Walk next to the Royal Hallamshire Hospital (opposite Charles Clifford Dental Hospital). Take the lift to Level 4 and follow signs for the Andrology Laboratory. You will need to ring the bell to let staff know that you have arrived.

Where can I park?

There is a car park at the Jessop Wing, a multi-storey car park at the Royal Hallamshire Hospital, a Q-Parks on Durham Road and on-street parking near to both hospitals. Please allow time to find a space as car parks are very busy at the moment.

How do I get to the Jessop Wing using public transport?

If you have access to the internet, please go to the Sheffield Teaching Hospitals website and follow the link for the Jessop Wing where you will find bus and train information and a road map, or you can telephone the Andrology office for advice.

What will happen when I arrive at the laboratory?

You will just need to answer a few quick questions while dropping your sample off at the laboratory. This includes when you last ejaculated (through any type of sexual activity) and checking your personal details are correct.

When will I get my results?

- Your results will be sent to the doctor or consultant who referred you for the test and this will take up to 2 weeks.
- The Andrology staff are not allowed to discuss your test results with you or your partner so please do not contact them to ask that they do this.

What if the test doesn't work?

We may need to repeat one or more of the tests before your results are ready. This does not mean that there is anything wrong with your sample, it is usually because a test has not worked properly. This happens in less than 1 in 1,000 patients who attend the laboratory. If this happens, we will contact you as quickly as possible.

If you are unsure about anything, please telephone 0114 226 8343 or send an e-mail to sht-tr.AndrologyJessopFertility@nhs.net. You will also be able to speak to a member of staff on the day.

Andrology Department
Level 4
Jessop Wing
Tree Root Walk
Sheffield
S10 2SF

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